

Parasport's in the Valley

Para or Adaptive sports are competitive and/or recreational sports that are accessible to everyone, and can be played by anyone whether living with or without a disability!

Parasports can be offered in many different forms. Some are offered as a stand-alone program (all people have similar disabilities) such as Goalball, and some are integrated programs (a mix of players, with a disability, and abled bodied players).



Did you know there are tons of Parasport programs available across the Valley? See the list of all the programs available in the Valley on the reverse or by following the QR code to the right!



Sport	Organization	Location	Contact
Para Hockey	Para PowerPlay	Greenwood Gardens, Greenwood	parapowerplay@gmail.com
Wheelchair Basketball	Annapolis Valley Wheelchair Basketball	Greenwood Community Centre, Greenwood	stevesampson@filsonite.com
Wheelchair Curling	Glooscap Curling Club	Glooscap Curling Club Kentville	info@glooscapcurling.ca
Para Hockey	West Hants Regional Municipality	West Hants Sports Complex, Windsor	juststep1998@gmail.com
Wheelchair Tennis	Kentville Tennis Club	Memorial Park, Kentville	kentvilletennisclub@gmail.com
Para Equestrian	Free Spirit Therapeutic Riding	Rohan Wood Stables, Aylesford	info@fstra.org
Ski & Snowboard	CADS Nova Scotia – Martock	Ski Martock, Windsor	cadsnovascotia@gmail.com
Boccia	Town of Kentville	Kentville Town Hall, Kentville	ljacobs@kentville.ca
Para Archery	Veteran Farm Project	Veteran Farm Project, Windsor	murg10102@live.ca
Para Canoe	Pisiquid Canoe Club	Pisiquid Canoe Club, Windsor	fastkayak@gmail.com
Para Athletics	Crown Athletics	Kings Edgehill School, Windsor	phadley@kes.ns.ca
Para Swimming	Highlanders Swim Team	Kings Edgehill School, Windsor	phadley@kes.ns.ca
Para Archery	Annapolis East Archery Club	1136 Lily Lake Rd, Middleton	annapoliseastarchery@gmail.com

Is there a Parasport not offered in your community that you want to help start? Check out the Sport Nova Scotia Parasport Loan Program!



<https://sportnovascotia.ca/funding-programs-and-eligibility/>

Want to learn more? Visit parasportns.com or contact parasport@sportnovascotia.ca