

Parasport's in the South Shore Region

Para or Adaptive sports are competitive and/or recreational sports that are accessible to everyone, and can be played by anyone whether living with or without a disability!

Parasports can be offered in many different forms. Some are offered as a stand-alone program (all people have similar disabilities) such as Goalball, and some are integrated programs (a mix of players, with a disability, and abled bodied players).



Did you know there are tons of Parasport programs available across the South Shore Region? See the list of all the programs available in the South Shore Region on the reverse or by following the QR code to the right!



Sport	Organization	Location	Contact
<i>Wheelchair Basketball</i>	Municipality of the District of Lunenburg	Lunenburg Community Centre, Lunenburg	tissy.bolivar@modl.ca
<i>Para Hockey</i>	South Shore Ice Storm	LCLC, Bridgewater	Clarioneditor@hotmail.com
<i>Para Sail</i>	Lunenburg Yacht Club	Lunenburg Yacht Club, Lunenburg	lycmanager@lyc.ns.ca
<i>Adaptive Kayaking</i>	Southwest Paddling Association	Lake Milo, Yarmouth	sandracphinney@gmail.com
<i>Boccia</i>	Easter Seals	Mariners Centre, Yarmouth	yarmouth@easterseals.ns.ca
<i>Para Hockey</i>	Easter Seals	Mariners Centre, Yarmouth	yarmouth@easterseals.ns.ca
<i>Wheelchair Basketball</i>	Easter Seals	Mariners Centre, Yarmouth	yarmouth@easterseals.ns.ca
<i>Para Equestrian</i>	Hinchinbrook Farm	Hinchinbrook Farm, Blockhouse	info@hinchinbrookfarm.com
<i>Wheelchair Curling</i>	Barrington Curling Club	Barrington Curling Club, Barrington	brcc@ns.aliantzinc.ca

Is there a Parasport not offered in your community that you want to help start? Check out the Sport Nova Scotia Parasport Loan Program!



<https://sportnovascotia.ca/funding-programs-and-eligibility/>

Want to learn more? Visit parasportns.com or contact parasport@sportnovascotia.ca