

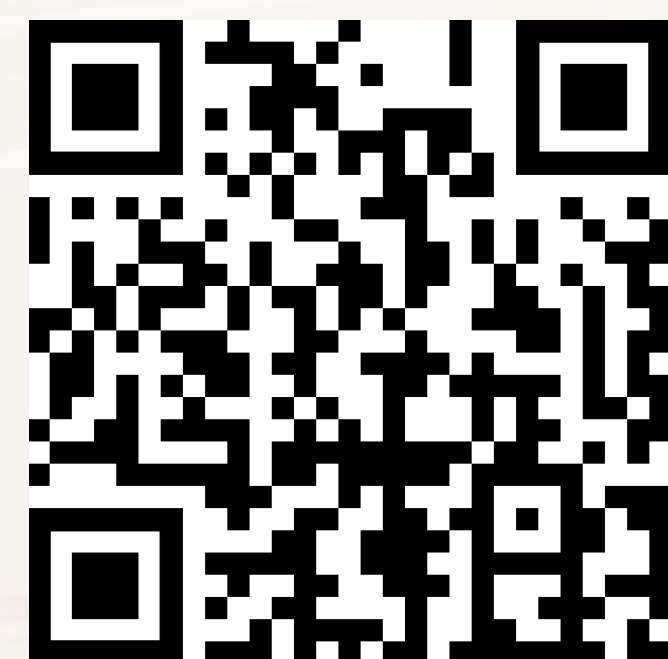
Parasport's in the Valley

Para or Adaptive sports are competitive and/or recreational sports that are accessible to everyone, and can be played by anyone whether living with or without a disability!

Parasports can be offered in many different forms. Some are offered as a stand-alone program (all people have similar disabilities) such as Goalball, and some are integrated programs (a mix of players, with a disability, and abled bodied players).



Did you know there are tons of Parasport programs available across the Valley? See the list of all the programs available in the Valley on the reverse or by following the QR code to the right!



Sport	Organization	Location	Contact
<i>Para Hockey</i>	Para PowerPlay	Greenwood Gardens, Greenwood	parapowerplay@gmail.com
<i>Wheelchair Basketball</i>	Annapolis Valley Wheelchair Basketball	Greenwood Community Centre, Greenwood	stevesampson@filsonite.com
<i>Wheelchair Curling</i>	Glooscap Curling Club	Glooscap Curling Club Kentville	info@glooscapcurling.ca
<i>Para Hockey</i>	Acadia Minor Hockey	Kentville Centennial Arena, Kentville	juststep1998@gmail.com
<i>Wheelchair Tennis</i>	Kentville Tennis Club	Memorial Park, Kentville	kentvilletennisclub@gmail.com
<i>Para Equestrian</i>	Free Spirit Therapeutic Riding	Rohan Wood Stables, Aylesford	info@fstra.org
<i>Ski & Snowboard</i>	CADS Nova Scotia – Martock	Ski Martock, Windsor	cadsnovascotia@gmail.com
<i>Boccia</i>	Town of Kentville	Kentville Town Hall, Kentville	ljacobs@kentville.ca
<i>Para Archery</i>	Veteran Farm Project	Veteran Farm Project, Windsor	murg10102@live.ca
<i>Para Canoe</i>	Pisiquid Canoe Club	Pisiquid Canoe Club, Windsor	fastkayak@gmail.com
<i>Para Athletics</i>	Crown Athletics	Kings Edgehill School, Windsor	phadley@kes.ns.ca
<i>Para Swimming</i>	Highlanders Swim Team	Kings Edgehill School, Windsor	phadley@kes.ns.ca
<i>Para Archery</i>	Annapolis East Archery Club	1136 Lily Lake Rd, Middleton	annapoliseastarchery@gmail.com

**Is there a Parasport not offered in your
community that you want to help start?
Check out the Sport Nova Scotia Parasport
Loan Program!**



[https://sportnovascotia.ca/
funding-programs-and-eligibility/](https://sportnovascotia.ca/funding-programs-and-eligibility/)

**Want to learn more? Visit parasportns.com or
contact parasport@sportnovascotia.ca**