

Paracanoe



What is Paracanoe?

- Paracanoe is an adaptation of paddling to accommodate paddlers with physical disabilities. Each boat is adapted according to the functional abilities of its crew members.
- The two main boats are the Kayak (K) and Va'a (V) boats. Kayak boats are propelled by a double-blade paddle. Va'a boats have an AMA (pontoon) for additional stability and are propelled by a single-blade paddle.
- In Nova Scotia, there is an entry point to this sport for everyone - whether through a PaddleAll program, recreational program, or competitive program! Athletes with any type of physical-motor impairment can participate!

Equipment



Va'a Boat
& Paddle



Kayak
& Paddle



Lifevest

For more in depth information on program locations, visit www.parasportns.com or follow the QR code to the right.

