

Para Athletics



What is Para Athletics?

- Para Athletics, also known as track and field, is the largest competition at the Paralympic Games.
- Events are available for individuals with visual, intellectual, and physical disabilities (both wheelchair and standing). Contested events are held in track (sprints and long distance), throws and jumping.
- In Nova Scotia, Athletics Clubs offer programming for Para Athletes of all ages, at recreational and competitive levels.

For more in depth information on
program locations, visit
www.parasportns.com or follow the
QR code to the right.

