

Parasport's in the Highland Region

Para or Adaptive sports are competitive and/or recreational sports that are accessible to everyone, and can be played by anyone whether living with or without a disability!

Parasports can be offered in many different forms. Some are offered as a stand-alone program (all people have similar disabilities) such as Goalball, and some are integrated programs (a mix of players, with a disability, and abled bodied players).



Did you know there are tons of Parasport programs available across the Highland Region? See the list of all the programs available in the Highland Region on the reverse or by following the QR code to the right!



Sport	Organization	Location	Contact
Wheelchair Basketball	Municipality of Pictou County & Pictou County Lightning	Northumberland High School, Alma	fraserks@ccrce.ca
Para Hockey	Antigonish Minor Hockey	St FX Arena, Antigonish	angelina.maclean@srce.ca
Wheelchair Curling	Bluenose Curling Club	Bluenose Curling Club, New Glasgow	bluenosecurlinghelp@gmail.com
Para Hockey	Pictou County Minor Hockey	Pictou County Wellness Centre, New Glasgow	rae.gunn@novascotia.ca
Wheelchair Pickleball	Pictou County YMCA	Pictou County Wellness Centre, New Glasgow	marla.sim@pcymca.ca
Wheelchair Pickleball	Little Harbour Pickleball Club	Little Harbour Community Centre, Little Harbour	merbstock@gmail.com
Challenger Baseball	Challenger Baseball NS	Antigonish & Pictou County	randy.crouse@hotmail.com
Para Athletics	Pictou County Athletics	Pioneer Coal Athletic Field, Stellarton	pcatrackclub@gmail.com

Is there a Parasport not offered in your community that you want to help start?
Check out the Sport Nova Scotia Parasport Loan Program!



<https://sportnovascotia.ca/funding-programs-and-eligibility/>

Want to learn more? Visit parasportns.com or contact parasport@sportnovascotia.ca