

Parasport's in Cape Breton

Para or Adaptive sports are competitive and/or recreational sports that are accessible to everyone, and can be played by anyone whether living with or without a disability!

Parasports can be offered in many different forms. Some are offered as a stand-alone program (all people have similar disabilities) such as Goalball, and some are integrated programs (a mix of players, with a disability, and abled bodied players).



Did you know there are tons of Parasport programs available across Cape Breton? See the list of all the programs available in Cape Breton on the reverse or by following the QR code to the right!



Sport	Organization	Location	Contact
Wheelchair Basketball	Basketball Cape Breton	Cape Breton University, Sydney	wheelchairbasketball@basketballcapebreton.com
Para Hockey	Cape Breton Sledgehammers	Cape Breton University, Sydney	sgk.deveaux@ns.sympatico.ca
Wheelchair Curling	Sydney Curling Club	Sydney Curling Club, Sydney	sgk.deveaux@ns.sympatico.ca
Ski & Snowboard	CADS - Ski Ben Eoin	Ski Ben Eoin, Ben Eoin	snowschool@skibeneoin.com
Ski & Snowboard	CADS - Ski Cape Smokey	Ski Cape Smokey, Ingonish	cadsnovascotia@gmail.com
Para Sailing	Northern Yacht Club	Northern Yacht Club, North Sydney	sailable@northernyachtclub.ca
Challenger Baseball	Challenger Baseball NS	Port Hawkesbury & Sydney	randy.crouse@hotmail.com
Para Athletics	Cape Breton University	Cape Breton University, Sydney	nick@maritimers.ca

Is there a Parasport not offered in your community that you want to help start? Check out the Sport Nova Scotia Parasport Loan Program!



<https://sportnovascotia.ca/funding-programs-and-eligibility/>

Want to learn more? Visit parasportns.com or contact parasport@sportnovascotia.ca